**Table 1: Characteristics of patients hospitalized with heart failure**

|  |  |
| --- | --- |
| SD N (%) or Mean ± | Characteristics |
| 70.74 ± 12.01 | Age |
| 478 (60.7) | Men |
| 613 (77.9)  501 (63.7)  371 (47.1)  237 (30.1)  218 (27.7)  191 (24.3)  154 (19.6)  123 (15.6)  81 (10.3)  64 (8.1)  48 (6.1)  17 (2.2) | Medical history and Comorbidities  Ischemic heart disease  Hypertension  Diabetes mellitus  Kidney disease  Myocardial infarction  Heart valve disease  Arrhythmia  Chronic obstructive pulmonary disease  Stroke and TIA  Anemia  Thyroid abnormality  Cancer |
| 186 (23.6) | History of cigarette smoking |
| 4.24 ± 26.11 | BMI |