**Table 1: Characteristics of patients hospitalized with heart failure**

|  |  |
| --- | --- |
| SD N (%) or Mean ± | Characteristics |
| 70.74 ± 12.01 | Age |
| 478 (60.7) | Men |
| 613 (77.9)501 (63.7)371 (47.1)237 (30.1)218 (27.7)191 (24.3)154 (19.6)123 (15.6)81 (10.3)64 (8.1)48 (6.1)17 (2.2) | Medical history and ComorbiditiesIschemic heart diseaseHypertensionDiabetes mellitusKidney diseaseMyocardial infarctionHeart valve diseaseArrhythmiaChronic obstructive pulmonary diseaseStroke and TIAAnemiaThyroid abnormalityCancer |
| 186 (23.6) | History of cigarette smoking |
| 4.24 ± 26.11 | BMI |