### Dear Dr  Borhanihaghighi:

#### The editor in Chief of Galen Medical Journal (GMJ)

Please find our enclosed manuscript entitled “Effect of isometric exercises on primary dysmenorrhea: a randomized controlled trial” by Sara Azima, et al., which we would like to submit for publication as an original article in GMJ. We believe our findings would appeal to the readership of GMJ.

We look forward to hearing from you at your earliest convenience.

We confirm that this manuscript has not been published elsewhere and is not under consideration by any other journal.

All authors have approved the manuscript and agree with its submission to GMJ.