**Table 2** Clinical studies on plants used for treatment of NVP mentioned in ITM

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| --- | --- | --- | --- | --- | --- |
| **Scientific name**  | **Medicinal part** | **number of patients**, | **Type of study**  | **Treatment****duration** |  **Results**  |
| *Citrus limon*(10) | Lemon essentials oil | 100 | A Double-Blinded, Randomized Controlled clinical trial $ $ | 5 days | $\downright \downright \downright $nausea and vomiting intensity  |
| *Elletaria*  *Cardamomum(12)*  | Cardamompowder | *120* | randomised, double-blindclinical trial study  | 4 days | $\downright $severity of nausea(NVP)  |
| *Mentha piperita* L(11)  | Mint oil | 67 | Block-randomized method  | 18 days | $\downright $severity of nausea(NVP)  |
| *Cydonia Oblonga* Mill(24) | Syrup of Cydonia oblonga (quince) fruit | 60 | RCT, not blinded | 1 week |  |